

# CONNECTING WITH VIGILANCE

**ISTE Standards:**

Digital Citizen (1.2.b, 1.2.d)  
Knowledge Constructor (1.3.b)

**CASEL Competency:**

Responsible Decision-Making,  
Self-Awareness, Social Awareness



## CYBER SAFETY

Digital life is full of amazing opportunities, but it's important to understand what our responsibilities are when we're online. In this video, Daveed is almost tricked by a suspicious email and Skylar helps him understand how to be responsible, stay safe, and be vigilant online.

In this activity, you will reflect on how you can use your devices responsibly and make sure you are connecting with vigilance.

**Vocabulary:****Spam**

*A suspicious message sent to a large number of people with the intention to sell or advertise something.*

**Scam**

*an attempt to trick someone, usually with the intention of stealing money or private information*

**Phishing**

*when someone poses as an institution, like a bank or school, and sends you a personalized message asking you to provide private information*

**Step 1: Reflect**

Think carefully about the questions below and consider how your answers connect to your own digital life.

Skylar looked for clues to decide if the text from her grandmother was real or spam and she helped Daveed do the same when he received the free shoe email. They were both being scammed. Have you or someone you know ever had an experience with an online scam? Did they fall for the scam? If so, why? If not, what clues led them to realize that they were being scammed?

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Why was it risky for Daveed to respond to the sneaker email?

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How can you protect your information and yourself when you go online?

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### Step 2: Practice Being Vigilant Online

In this video, Daveed and Skylar shared tips for connecting online with vigilance. Think about what vigilance means. Complete the sentences below by listing strategies or things you can do to stay safe online.

I can protect my personal information online by...

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If I receive a suspicious message or when talking to online only friends, I can keep myself safe by...

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### Step 3: Share (With a Partner)

If given the option, discuss the reflection questions above and share the tips you learned with a partner or a family member. What clues do they look for when determining if something is real or a scam? Do they use clues you don't?