

Dear parents and caregivers,

In today's world, digital life is real life. Technology provides amazing opportunities for kids to build friendships, follow their passions, and learn new things. But kids can also experience challenges online. We know that supporting them through those challenges can feel daunting.

To help you and your child on this journey, we're excited to share an interactive video series called **Digital Connections**. Digital Connections was created by Common Sense Education in collaboration with AT&T and the Public Library Association.

The six videos in the series help build the 5 competencies of good digital citizenship:

- **Balance:** Balancing technology use and prioritizing time spent online
- **Inclusive:** Engaging with others online with respect and empathy
- **Alert:** Staying safe online by protecting ourselves and our personal information
- **Informed:** Making sure the information we consume and share online is credible
- **Engaged:** Using technology with purpose and as a force for good

We encourage you to watch this video series together with your child to establish an ongoing, honest, and productive discussion about your child's digital life.

Key information:

- To access Digital Connections, go to: www.theachievery.com, digitalliteracy.att.com, or www.digitalconnections.org.
- Each video has reflection questions at different points throughout. Use the questions as a starting point for deeper discussions about your child's digital life.
- The six-part video series is about 50 minutes. The total activity time will vary depending on how long you spend on the reflections in each video.
- You can complete Digital Connections all at once or over a period of time.

Please feel free to contact us if you have any questions. Working together, we can prepare today's kids to think critically and use tech in safe, responsible and positive ways.